

Ski Trip Packing List



In the Boot Room

Everything can be rented in resort, and all ski equipment is included in your sister ski package.



ski boots, skis, poles, helmet, goggles



If you did want to invest in your own equipment...



1. A helmet & goggle set up, is a great first purchase!

@anon

@sungod

@oakley

@smith

@poc



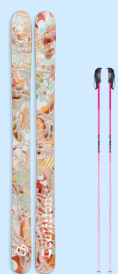
2. Boots are a great buy if you're into skiing as they're so personal to the individual and can really improve your skiing. If you're thinking of buying boots, definitely try them on in-store with a boot fitter.

@ellisbrigham

@snow&rock

@atomic

@salomon



3. If you are an avid skier, you might think about investing in some skis - this isn't always necessary as rental shops have lots of great options and you get to try out different skis.

@faction

@k2

@coalition

@blackcrows

On the Slopes

Personal ski clothing is not included in your equipment hire, so remember to bring these with you - things can also be bought in resort but its usually more expensive!



sports bra, ski socks, base layers, mid layers, salopettes, ski jacket, gloves, neckwarmer, SPF, lipbalm



So lets break it down...



1. Comfortable underwear is a must!



2. Base layers are essential! It's the layer that keeps you warm, dry, and cosy. You only need a couple as they can be reworn.

@primark

@uniqlo

@arcticecosno

sisterski15



3. Ski socks work best when they're thin and tight so they don't bunch up in your boot. Don't be afraid to rewear - nobody's judging!

@sportsdirect

@decathlon



4. Ski trousers or 'salopettes' - the key is ensuring they're comfortable and allow you to move freely.

@bluetomato

@asos

@dare2be

@ecoski

sisterski15



5. Mid layers are just another layer, and sometimes not essential - they don't have to be super technical but make sure they're not too bulky!



5. Ski jacket essentials: Waterproof, insulated, lots of pockets!

@vinted

@ridestore

@protestwomen

@ecoski

sisterski15



6. Gloves or Mittens!

@burton

@northface

@hestra



7. Neck warmer - essential for colder days!

@buff

@monsroyal

@oosc



8. SPF is a non negotiable. Trust us!

@ultrasun

sisterski15



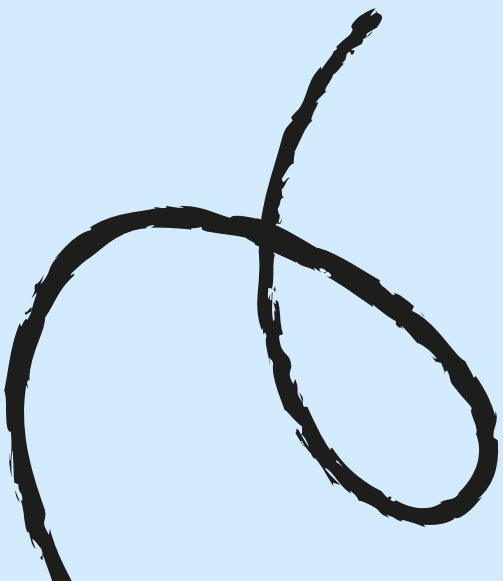
9. You might want to keep a beanie and sunnies in your pocket for those long lunches.

In the Chalet

Comfort is key when lounging in the chalet! This is the place where you can delayer and chill - don't forget essentials like adapters, chargers and toothbrushes.



socks, underwear, swimsuit, pyjamas, slippers,
leggings, trackies, hoodies, toiletries, adapter,
charger, passport





Get comfy, sis!



1. Essential for a spa session and a hot tub dip at the chalet!



2. Slippers always come in hand around the chalet and too & from the boot room, something you can slip into after a long day in ski boots.



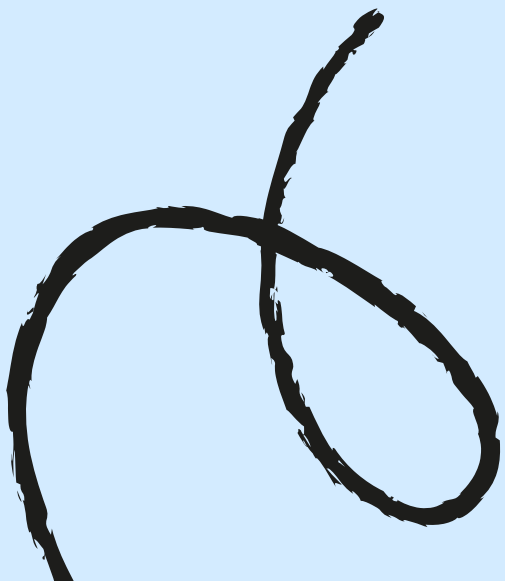
3. Make sure to check you have the right adapter, having devices charged is important for group chat updates (and photos, obvs).



4. Toiletries: Toothbrush, Toothpaste, Deodorant, Skin Care, Medicine, ect.

Around the Town

For when you're out & about, exploring, dinners and apres - nothing too fancy just some casual clothes that are warm and dry!



jeans, tops, jumpers, coat, bag, beanie,
sunglasses, gloves, trainers, snow boots



Get comfy, sis!



1. Waterproof snow boots are great for activities like night sledging where your shoes are likely to get wet.

@sorel

@regatta

@asos



2. Having foot ware options is important in case one gets wet, soggy feet aren't fun!



3. Small bag for essentials. Can be worn on and off the slopes if needed.



4. If you have the space it can be a good idea to bring extra bits like gloves, beanies and a non ski jacket so that your ski stuff can have a chance to dry.

Checklist

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